Alpine Shire Council

Are you Connected to your Community?

Building Resilience in our Community

A resilient community is one where the residents have strong connections with friends, family and the wider community.

What’s so Important About Belonging?

People who surround themselves with people are happier, more productive and get more out of life.

“Belonging to a group is like medicine for the soul.”

Why Should I Belong?

Belonging to a network will improve your mental state and you will enjoy extra benefits such as increased socialisation and physical activity.

How Do I Get to Belong?

There are many ways to increase our sense of belonging. It is all about joining in and connecting with others. (See the Alpine Shire Community Directory 2013 for Community Activities)

Belonging helps build friendships, creates opportunities, strengthens communities and feels good.

Go On... Feel Good!

This project is an initiative of the Alpine Shire Council’s Community Resilience Committee and is funded by emergency management grants.

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I AM GLAD WE HAVE LOTS OF FRIENDS AND HELP OUT IN OUR COMMUNITY.