Building Resilience in our community

What is Resilience?
The strength and prosperity of any community, no matter how big or small, are enhanced by the resilience of its individuals and communities.

Broad definition:
• Resilience is the capacity at different levels – individual, family, community or even an entire country – to anticipate and engage with a crisis without losing identity.

Local definition:
• Resilience is when the community understands their risks so that they are better able to prepare, plan and respond to a crisis event and hence recover quicker and stronger.
• Resilience is when a community is well connected; where neighbours know and support each other, where volunteerism is high and residents have a strong sense of wellbeing.

Why is it important to plan for community resilience?
Community resilience is built on the relationships between planning, preparedness, response and recovery.
It is vital that emergency services and governments at all levels are well prepared to respond to crisis events such as flooding and bushfire.
Federal, state and local governments are continually planning and preparing to increase resilience through measures which lessen the impact of natural disasters, provide timely response and promote effective recovery.
It is important for all members of our communities to understand that resilience builds upon, rather than replaces, existing strengths and arrangements.
Building resilience is not solely the duty of emergency management agencies - it is a shared responsibility across the whole of society.

What does a resilient community look like?
A community has a high level of resilience if it has in place:
• Well-rehearsed emergency plans
• People working in partnership with emergency services, local authorities and other relevant organisations
• Appropriate building controls, suitable to local hazards and risks
• Adequate insurance cover for personal and business interests
• High levels of volunteerism

This project is an initiative of the Alpine Shire Council’s Community Resilience Committee and is funded by emergency management grants.

"IT'S VERY IMPORTANT TO BE PREPARED, ARE YOU?"